

**ABSTRACT**

Compositions, optionally heat-activated, methods, and kits for caring for, treating or durable conditioning of at least one keratinous fiber comprising at least one compound comprising at least two quaternary ammonium groups; and at least one sugar chosen from C<sub>3</sub> to C<sub>5</sub> monosaccharides substituted with at least one C<sub>1</sub> to C<sub>22</sub> carbon chain.

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